

NSW Seniors Festival

1-12 February 2023 • Celebrate together



Gundagai Program

NSW Seniors Festival is an annual NSW Government campaign and the largest celebration for people over 60yrs in the southern hemisphere. It is also for people aged over 50yrs who are of Aboriginal or Torres Strait Islander descent.

All Bookings at Mirrabooka

Please advise us when booking activities if you require Transport.

Further Information available on 69440290 or email info@gncinc.org.au

The NSW Premiers Seniors Gala Concert

Gundagai District Services Club

Thursday 2nd February at 2.30pm

The NSW Premiers Seniors Gala Concert This Free Event will be live streamed on the BIG Screen at the Gundagai District Services Club. There is no need to travel to Sydney to be part of the Celebrations. The Premier's Gala Concerts showcase some of Australia's greatest entertainers to celebrate NSW seniors. Audiences will enjoy performances from **Rodger Corser, Kate Ceberano, Ross Wilson, Harrison Craig and Prinnie Stevens**. The NSW Department of Communities and Justice presents the Premier's Gala Concerts to thank NSW seniors for their valued and ongoing contributions to their families and communities. Grab your friends and come along for great entertainment

Friday 3rd February

Canberra Bus Trip to the National Arboretum and National Bonsai and Penning Collection. Join the Friendship Group for a great day out. The Bus Departs Mirrabooka at 9.00 am and Bus returns back in Gundagai at: 4:30pm. The cost of this trip will be \$15 per person. Payment must be received when booking. Bookings required by Tuesday 31st January

Free Yoga with Melissa Merrin from 9.00 am in the Theatre room at Mirrabooka.

Monday 6th February

Gundagai History and Culture Bus Tour includes morning tea at the Old Gundagai Railway Station, Gundagai Common/Bora Rings with Uncle Pete Smith, ANZAC Grove history with Keith Wood and the Gundagai Cemetery with History buff Lena Elphick. Meet at 10am at the Tourist Info Centre, returning at 1pm. Bookings required. Cost \$5.

Turn the Page for more senior's activities.

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Wednesday 8th February

10.00 am - Morning Tea at Gundagai Council Chambers. Meet the Councilors and Senior Staff to hear what is happening in the CGRC, A great opportunity to ask and raise ideas. Always a fantastic Morning Tea. Bookings appreciated

12.30 pm Gundagai Men's Shed Tour. Have you often wondered what goes on at the SHED? I think you would be surprised at everything they do

2.00 pm Library - Free Seniors basic mobile phone workshop. [Android devices only](#). Bookings at Mirrabooka

Gundagai Seniors Expo

Thursday 9th February

Gundagai District Services Club

Commencing at 10.00 am with a delicious morning tea.

Come along, get involved, learn something new, gain knowledge, get active, meet new people and catch up with friends.

Presentations from Services Australia Staff including, The Financial Information Officer and the Aged Care Information Officer.

A variety of Information stalls representing local and regional groups and services

Thursday 9th February

Mah-jong 2.00 pm at the Library- Join this enthusiastic group and learn this ancient game

Friday 10th February

FREE Yoga session every Friday at 9.00 am- come along and give it a try,

10.15 am Friendship Group art/craft with Ash Waddell. Don't sit at home alone, come and join us for a cuppa and a chat. The Friendship Group is a social group and our main focus is coming together with old and new friends. You don't have to do art and craft if it's not your thing. Morning Tea and Lunch provided at Mirrabooka. Cost \$5 bookings appreciated

2.00 pm Library - Free Seniors basic mobile phone Workshop.-. [Apple devices only](#) bookings at Mirrabooka

